

FEEDBACK READINESS

HALF DAY WORKSHOP

Many people have participated in training in how to give feedback – but not in how to receive it. So many issues arise when people struggle to receive feedback. Growth, performance, relationships, teams and productivity are all negatively impacted when there is a culture of 'Feedback Rejectors'.

Even if your Managers are highly skilled at giving feedback, if your employees are 'Feedback Rejectors', any feedback given will be a waste of time.

Objectives and Outcomes

WITH A FEEDBACK READY CULTURE, EMPLOYEES WILL FEEL:

- ✓ More empowered to take on feedback, without falling apart or taking it personally.
- ✓ Less stressed about receiving feedback.
- ✓ More positive about performance reviews.

BENEFITS OF A 'FEEDBACK READY' CULTURE:

- ✓ Are more likely to have a 'Growth Mindset' approach to learning.
- ✓ Managers will feel more empowered to give open and honest feedback.
- ✓ Managers are more likely to have crucial conversations.

FEEDBACK READINESS	OPENNESS TO RECEIVING FEEDBACK
Ready	80-100%
Receptive	60-80%
Reluctant	40-60%
Resistant	20-40%
Rejector	0-20%

Employees who are 'FEEDBACK READY' will ask for and appreciate feedback.

Employees who are 'FEEDBACK REJECTORS' will avoid it, respond with anger and/or argue.

Testimonials

'My best take away is the fact that I have choice. I have the ability to choose how I deal with, feel, and react to a situation. I loved this workshop. I gained a lot of knowledge today. Thank you.'

'One of the most enjoyable training sessions I've had in 20 years of work. Very helpful for my role with so many useful topics.'

'This was the best session I have attended. I know I will take so much out of it both professionally and personally. Great training that is transferable and inspiring.'

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About Sue Anderson

Sue Anderson works in the field of Emotional Intelligence and Resilience. Her specialty is helping people develop mental toughness so they can excel (not handle) in the pressures of the modern workplace. A highly sought-after coach, mentor, trainer, author and speaker, Sue Anderson works with organisations and businesses to develop highly functional and productive workplaces, with confident, resilient and motivated employees.

